

The teenage years are a time of great change for both parents and children. Teenagers explore boundaries and experience new freedoms with more time spent with friends, in cars, and on the Internet. It can be difficult for parents to know how much trust to place in their kids. We can help with informational articles, tips on healthy communication, links to parenting resources, and more.

Call or visit us online to get the answers to your questions on parenting teenagers.

Go to www.ers-eap.com, enter your company's username and password then look for the Webinar registration information at the bottom of the page.

TOLL-FREE: **800-292-2780**

WEBSITE: www.ers-eap.com

Available anytime, any day, your Work-Life/EAP service is a free, confidential program to help you balance your work, family, and personal life.

WEBINAR



RAISING RESPONSIBLE TEENS

AUGUST 21ST

11 am CDT • 1 pm CDT • 3 pm CDT

AUGUST 22ND

11 am CDT en español

Obtain practical parenting tips for raising trustworthy teens to ensure their safety and give you peace of mind.



CAN I TRUST
MY TEEN?

PARENTING TEENAGERS

ERS

www.ers-eap.com